# LEARNING STYLE INVENTORY

#### How do I learn? Why does it matter?

PRE-TEST



Link: https://forms.gle/RahqQ9N9GyLJkqf3A

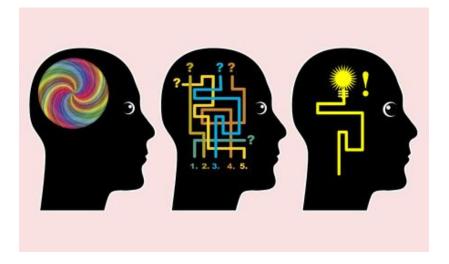
### WHAT IS THIS & WHY DOES IT MATTER?

The Learning Style Inventory is an assessment allows students to:

- improve academic potential by recognizing their natural learning style,
- discover better learning strategies, and
- acquire career development skills.

This assessment can help you recognize how you brain best processes new information.

This information can help us in school, post-secondary planning, career paths and relationships



### GO TO NAVIANCE...

1.Rapid Identity



2.Naviance



#### THEN CLICK ON ...

- About Me
- My Assessments
- Learning Style Inventory
- Start Assessment
  - Answer quickly
  - o Don't overthink
  - Go with your gut
  - When you are done click on View Full
    <u>Report</u>

## BREAKOUT ACTIVITY/PROCESSING

- The visual shows you a <u>spectrum</u>
  - Humans personality
    is complex and
    always changing
  - These categories are not black and white
  - They show how we lean and our individual strengths

Independent	Collaborative
Low Auditory	High Auditory
Casual Setting	Traditional Setting
No Intake	Likes Intake
Low Kinesthetic	High Kinesthetic
Low Light	Bright Light
Stillness	Mobility
Low Self-Motivation	High Self-Motivation
Low Focus	High Focus
Quiet in Background	Sound in Background
Less Structure	More Structure
Low Tactile	High Tactile
Low Teacher Motivation	High Teacher Motivation
Late in the Day	Early in the Day
Cool Environment	Warm Environment
Low Visual	High Visual

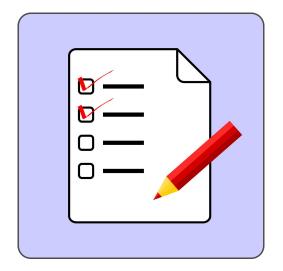
#### BREAKOUT ACTIVITY/PROCESSING

- Read through the "Full Report"
- Choose 2-3 Categories from the report to focus on and reflect on.
  - Which category had a strong preference? Far to the left or far to the right?
  - Did your results surprise you? If so, why? If not, why not?
  - Read the tips from the bullet points and choose 3 tips that you can currently apply in school.
  - Did your results change the way you view yourself, your peers, and your school?

#### BREAKOUT GROUP DISCUSSION

- What came up for you while taking the assessment?
- What did you learn about yourself doing this activity?
- How can you use this information to help you in school?
- How can you use this information to help you with your relationships?
- How can you use this to help you choose your classes?
- How can you use this to help you choose a career?
- How can you use this to help you plan life after high school (college/career)?

#### POST-TEST



Link: https://forms.gle/Wee4C47ThxK4cjhz6